

First Aid Four Day at Work Course

Description.

The HSE stipulates that employes should provide a safe and healthy environment for their employees. If your risk assessment highlights a need for first aiders, this course will provide you with confident, highly qualified first aiders. The course covers a wide range of emergency situations which in turn will provide confidence when dealing with a real life emergency. Upon completion of the course, delegates will be qualified to the highest level of First Aid in line with the Health and Safety (first aid) Regulations 1981

Duration

The course is ideally run over four consecutive days, with a minimum of 24 hours contact time. We have the flexibility to suit the course to your needs.

Syllabus

The syllabus covers a wide range of subjects including :

Assessment of the situation	Responsibilities	Legalities
Dealing with an unconscious casualty		Resuscitation
Heart Attacks	Choking	Poisoning
Bandaging	Fractures	Burns
Eye injuries	Sprains	Strains
		Shock
		Control of bleeding
		Head injuries

Macleod Training, can also provide additional training in areas not listed, please contact fro a comprehensive list of the syllabus and any other topics you require.

Certification

Upon completion of the course delegates will be awarded at First Aid at Work certificate valid for 3 years, which is renewable by attending the 2 day refresher course

Numbers

A maximum of 12 delegates per trainer, delegates must be over 16 years old.

Location

Course can be run onsite, subject to suitable training facilities. This will reduce costs if a number of employees need to attend. Please contact for pricing.